

hudson

MEDICAL

POST-ANESTHESIA CARE GUIDE

Please follow these guidelines and suggestions after receiving IV sedation at any Hudson Medical facility:

Your concentration, balance, coordination, and judgement may be impaired for several hours after receiving IV sedation, and we strongly suggest that a responsible adult be with you upon leaving the office and for the remainder of the day.

Please take into consideration these restrictions during the next 24 hours, following IV sedation:

- Do not operate any type of heavy machinery, including a car or other vehicle.
- Do not drink any alcoholic beverages, as you may be more sensitive to the intoxicating effects of alcohol.
- Avoid making any important legal or financial decisions, or sign any legal documents, as you may not be able to think clearly.

You may resume a normal diet after you leave the office. If you experience any nausea, start by consuming liquids and gradually working your way up to solid foods. You may also resume any of your prescribed medications, with your doctor's consent. Try and avoid medications that can cause drowsiness, such as muscle relaxers, opiates, or benzodiazepines, until you are fully recovered.

If you have any questions or concerns after leaving the office, please contact us at (646) 596-7386 or email us at info@hudsonmedical.com.